

2019 U.S. Masters Swimming 3000-Yard ePostal National Championship

WOMEN

Age Group	Place	First Name	Last Name	Age	Club Abbr.	USMS #	Time	Quality Points	National Record
18-24									
	1	Abigail	Bergman	23	IM	219H-09CWT	0:39:00.99	832	
	2	Liberty	Lyster	22	PBM	509Y-NHGFH	0:43:10.00	752	
25-29									
	1	Alana	Aubin	29	NEM	0292-07TSR	0:37:03.99	875	
	2	Aly	Paz	26	PBM	509P-B2PP4	0:37:51.00	857	
	3	Madeline	Bruce	25	IM	219P-09DA1	0:38:22.48	845	
	4	Jennifer	Mohn	28	DAM	3890-09HD8	0:38:54.03	833	
	5	Staci	Schaffling	25	1776	0899-0A2FV	0:41:20.25	784	
	6	Amanda	Curry	29	ROCH	0493-G3D3W	0:45:41.44	710	
	7	Melissa	High	27	SWED	219G-Z1J4R	0:49:37.76	653	
	8	Erin	Roehrig	28	TFAM	260H-0ATYT	0:52:37.00	616	
	9	Renee	Leber	28	SWED	219Z-5J6DS	0:57:07.32	568	
30-34									
	1	Marina	Falcone	32	SPM	140H-06Y2F	0:33:25.07	978	
	2	Molly	Brown	33	BUMS	049C-088F6	0:39:54.53	819	
	3	Kristen	Hamilton	32	AKMS	569Z-620VJ	0:41:27.30	788	
	4	Kathleen	Pelczynski	34	NCMS	139G-06W4X	0:41:36.83	785	
	5	Nicole	Bott	34	MOST	439R-08EEJ	0:41:38.85	785	
	6	Lenore	Phillips	33	WSC	509S-0A1F4	0:42:15.99	773	
	7	Megan	Doyle	32	SAWS	599R-06Y2G	0:43:43.55	747	
	8	Laura	Richards	30	PBM	509D-0AK3M	0:43:55.00	744	
	9	Victoria	Bolf	34	IM	219P-06TMW	0:45:18.14	721	
	10	Hannah	Plimpton	34	1776	0896-05XZT	0:45:26.91	719	
	11	Alexa	Tang	32	SWED	2190-06NYU	0:45:58.65	711	
	12	Sara	Spray	32	SWED	2197-0ABXW	0:57:10.81	572	
	13	Edith	Hannigan	32	DAM	3898-07TXP	1:03:03.00	518	
35-39									
	1	Kelly	Harrigan	35	MMAC	489H-06YT8	0:35:55.18	916	
	2	Stephanie	Raezer	37	LTOH	179U-UKVD2	0:37:15.73	883	
	3	Christine	Haslem	38	FAC	1293-3EF5V	0:37:34.46	876	
	4	Britta	O'Leary	35	AWJ	459B-07B6S	0:38:16.77	860	
	5	Lisa	Chin	38	GERM	109M-0757M	0:38:22.27	858	
	6	Erin	McDonald	39	FAC	129Y-02JR6	0:40:58.33	803	
	7	Heather	Raley	38	MERR	099W-0B3W8	0:41:26.00	794	
	8	Rebecca	Latimer	37	VMST	120C-023UP	0:43:46.90	752	
	9	Laura	Shope	35	SMST	389X-083N8	0:43:47.06	752	
	10	Sabine	Klensch	39	ALB	389J-0B62H	0:45:14.34	727	
	11	Lauren	Van Allen	39	TFAM	269Y-02HAZ	0:46:17.00	711	
	12	Amanda	Callahan	37	OREG	379K-06JB5	0:48:45.42	675	
	13	Sarah	Mulder	35	CMS	3296-06T38	0:54:24.00	605	

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	14	Annie	Muske-Dukes-Driggs	36	OREG	3795-071YT	0:58:10.13	566	
	15	Sarah	King	36	CONN	059X-07PBT	1:17:45.00	423	
40-44									
	1	Kristi	Lee	44	SAWS	599E-01J12	0:38:10.20	873	
	2	Brigitta	Gruenberg	40	SAWS	599C-01J0F	0:39:17.17	848	
	3	Jennifer	Downing	41	NEM	0206-034VS	0:39:19.00	847	
	4	Michelle	McRae	44	PSM	3699-04FBZ	0:39:50.20	836	
	5	Dorota	Hassett	42	GERM	109S-092S5	0:40:19.61	826	
	6	Meghan	Ullholm	40	TFAM	2698-T87GV	0:40:30.00	823	
	7	Maria	Arriola Clemenz	42	TFAM	269V-0B4A7	0:40:40.06	819	
	8	Sarah	Landrum	41	PSM	3607-099B2	0:41:52.72	795	
	9	Meredith	Glick	43	SWED	2101-06AXW	0:42:07.24	791	
	10	Henrietta	Szeredi	43	SPM	149M-09JDX	0:43:44.18	762	
	11	Amanda	Castle	44	IM	210K-062JD	0:44:03.43	756	
	12	Jennifer	Macri	44	PBM	509H-0B58G	0:44:22.00	751	
	13	Kate	Ufford	44	PBM	509A-09ES7	0:44:55.00	742	
	14	Meg	Anderson	42	OREG	379G-026J5	0:45:26.00	733	
	15	Bonnie	Algera	43	FAC	129U-0ATDJ	0:45:28.50	733	
	16	Trinity	Graham	40	MELB	149B-DEJWC	0:45:56.16	725	
	17	Lynn	Dotson	41	MELB	149T-V1K7Z	0:46:43.53	713	
	18	Catherine	Old	42	NCMS	139X-07ERH	0:47:25.10	703	
	19	Alexandra	Lessem	44	CMS	3209-0743W	0:47:34.00	700	
	20	Patricia	Cummings	43	MERR	099K-01VZJ	0:49:40.00	671	
	21	Lymaris	Serrano	42	MELB	1490-NCSBH	0:54:30.22	611	
	22	Sofia	Liu	41	MOVY	2805-09NDM	1:01:20.00	543	
45-49									
	1	Paula	Texel	49	SPM	1490-0625D	0:37:55.06	894	
	2	Kristen	Gross	45	SLAM	229X-0020W	0:38:25.60	882	
	3	Tamara	Koppelberger	47	PSM	360C-09UES	0:38:26.56	882	
	4	Jayna	Tomac	47	OREG	379X-05EJN	0:39:45.50	852	
	5	Kirsten	Goldhammer	48	MOST	439V-020DN	0:40:32.06	836	
	6	Malena	Hankins	46	AWJ	459X-GRACE	0:41:52.00	809	
	7	Heidi	Natkin	45	AWJ	459T-05ETU	0:42:24.33	799	
	8	Anicia	Criscione	46	OREG	379M-EYEEM	0:43:12.35	784	
	9	Melinda	Wight	48	MOST	439G-09MYN	0:43:49.69	773	
	10	Bori	Mazzag	46	HUMM	3896-0056A	0:43:53.06	772	
	11	Laura	Bishop	47	BUMS	049V-07JYY	0:44:32.33	761	
	12	Megyn	Taback	46	PBM	500E-0A04H	0:45:56.00	738	
	13	Michelle	Armstrong	47	WSC	5099-0B7XP	0:46:48.99	724	
	14	Cynthia	Smidt	49	OREG	379J-02611	0:47:57.99	707	

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	15	Staci	Richards	49	FAC	1299-0898P	0:48:57.60	692	
	16	Ingrid	Bon	49	PAQM	509A-07ZM1	0:52:05.70	651	
	17	Tae	Smith	46	ROCH	049T-0AMXZ	0:54:45.00	619	
	18	Emily	Davis	46	CMS	329S-0AYM3	0:55:36.10	610	
	19	Brittany	Streufert	47	MELB	1492-XSWNV	0:57:46.13	587	
	20	JJ	Good	46	LTOH	179H-6YPJ1	1:04:48.27	523	
	21	Rachael	Kvapil	45	AKMS	5697-0APD9	1:08:15.00	497	
50-54									
	1	Dana	Gianniny	50	ROCH	0495-01X7C	0:35:54.93	953	
	2	Deborah	Dawson	51	MARY	099J-SWMRR	0:36:05.24	948	
	3	Laurie	Hug	54	1776	089W-0226X	0:36:26.33	939	
	4	Charlotte	Brynn	53	NEM	020Z-034BA	0:39:29.46	866	
	5	Sallie	Bartkowiak	54	MICH	199F-0A1DG	0:41:41.77	821	
	6	Gillian	Salton	51	OREG	3700-05G96	0:41:44.00	820	
	7	Leslie	Biegler-Ciaccio	52	IM	210P-0A2JC	0:42:12.40	811	
	8	Cheryl	Morgen	50	OREG	379F-026FA	0:42:33.99	804	
	9	Livia	Zien	53	SPM	1490-02RN5	0:43:04.00	794	
	10	Geneve	Hendricks	51	WM	069E-02Y8D	0:43:38.09	784	
	11	Jennifer	May	50	WMAC	2091-030CU	0:44:08.00	775	
	12	Denise	Dombay	53	GERM	1009-036EM	0:46:00.77	744	
	13	Leann	Rossi	53	AWJ	459G-064M8	0:46:53.84	730	
	14	Christine	Hirsch	50	OREG	379W-07MKJ	0:47:24.05	722	
	15	Cathy	Goodwin	54	PBM	509G-08CWV	0:50:58.99	671	
	16	Daphne	Elliott	51	SHARK	1491-096KB	0:51:27.48	665	
	17	MJ	Redman	52	CMS	329A-83SRR	0:53:30.91	639	
	18	Maria	Delton	54	SWED	2195-0AKMA	0:54:13.68	631	
	19	Denise	Lavin	52	O*H*	189N-07720	0:55:18.00	619	
	20	Sue	Langley	54	SAWS	599S-0B8DP	0:56:05.19	610	
	21	Lisa	Jillson	52	SWED	219V-09TNU	0:57:18.54	597	
	22	Briana	Johnson	50	LOCO	559A-0B19A	0:57:32.58	595	
	23	Flavia	Medlin	52	O*H*	189Y-02RHK	1:00:01.77	570	
	24	Eileen	Kristl	50	SWED	2103-082GV	1:01:54.46	553	
	25	Joanna	Fox	52	AKMS	569F-0BACX	1:08:14.00	501	
	26	Yumiko	Luke	54	SAWS	590Y-09XTD	1:09:00.00	496	
55-59									
	1	Ellen	Reynolds	55	SAWS	5908-01J04	0:35:27.49	1,004	Y
	2	Charlotte	Petersen	55	SPM	149Z-02RF8	0:36:04.73	986	
	3	Barbara	Zahorik	55	IM	219S-06581	0:37:12.00	957	
	4	Marianne	Countryman	55	AWJ	4591-06YDK	0:37:18.09	954	
	5	Kimberly	Elsbach	56	DAM	3803-D0NUT	0:37:54.84	939	

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	6	Vibeke	Swanson	58	1776	0895-02223	0:37:55.43	938	
	7	Stephanie	Saucy	56	1776	089M-07VRM	0:39:02.70	911	
	8	Susan	Gordon-Arnold	59	SAWS	599C-03SVR	0:40:40.53	875	
	9	Cheryl	Kupan	55	SPM	149K-01SAD	0:41:51.00	850	
	10	Marcia	Cleveland	55	IM	219H-MC944	0:41:53.33	849	
	11	Angi	Smith	57	CMS	329P-0A8NW	0:43:37.49	816	
	12	Jeanne	Danford	56	PBM	509W-028BV	0:43:52.00	811	
	13	Lisa	Rankin-Galane	56	SAWS	5995-07RNE	0:43:54.57	810	
	14	Jayna	Heimark	56	CMS	329X-0A3ZJ	0:46:11.00	770	
	15	Ann	Brown	57	MERR	099E-0759J	0:47:31.00	749	
	16	Jennifer	Phalen	55	DAM	389E-JENNY	0:47:44.91	745	
	17	Christina	Fox	59	OREG	3793-0264J	0:48:54.00	728	
	18	Anne	McGuigan	58	BUMS	0491-07S1F	0:49:57.50	712	
	19	Christine	Zieres	59	MELB	149V-02U19	0:50:38.98	703	
	20	De Shann	Schinkel	55	MOST	439U-DBS53	0:50:41.99	702	
	21	Sue	Lyon	55		FINA	0:51:53.24	686	
	22	Tricia	Hickey	59	MMAC	489N-08CNK	0:52:15.92	681	
	23	Kathy	Lee	55	SAWS	599J-0A3H2	0:52:18.22	680	
	24	Linda	Henry	57	GMUP	109U-037AA	0:52:22.84	679	
	25	Tamara	Nist	58	BUMS	0492-0AFZT	0:54:01.00	659	
	26	Karen	Holloway-Adkins	57	MELB	140Y-07ZVU	0:54:05.63	658	
	27	Donna	West	58	BUMS	040V-07JRG	0:54:25.51	654	
	28	Michelle	Gross	55	OREG	379W-031BA	0:55:00.99	647	
	29	Cynthia	Fairfax	57	SAWS	590A-S0045	0:56:09.18	634	
	30	Linda	Miller	59	WSC	5000-04PG2	0:56:18.00	632	
	31	Susan	Smith	55	PBM	509X-0A55G	0:57:28.99	619	
	32	Martha	Jaworski	58	SAWS	599D-ZWPFA	0:57:43.80	616	
	33	Cindy	West-Schaefer	56	1776	089X-9D3MD	0:58:02.00	613	
	34	Leah	Carroll	58	ALB	389E-09H3C	0:58:18.40	610	
	35	Heidi	Bettendorf	55	PBM	509R-0B0PC	0:58:47.99	605	
	36	Cheryl	Paoli	57	SAWS	599G-09S54	0:58:50.07	605	
	37	Patricia	Deters	58	ARIZ	489P-0AV1K	1:02:02.00	574	
	38	Andrea	Brands	56	SWED	210G-09MKJ	1:04:21.71	553	
	39	Dee	Greenwood	55		FINA	1:05:33.71	543	
	40	Kellie	Archuletta	58	LVM	339V-4T2TX	1:12:47.78	489	
60-64									
	1	Karen	Einsidler	63	SHARK	1404-01S73	0:38:40.71	970	
	2	Susan	Ingraham	60	MOST	430F-SUSAN	0:39:46.07	943	
	3	Colette	Crabbe	63	OREG	379H-02645	0:39:48.33	943	
	4	Stephanie	Martin	60	OREG	379V-01P7F	0:39:50.99	941	
	5	Darcy	LaFountain	64	PBM	5090-0212Z	0:42:15.99	888	

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	6	Tamara	Burton	61	PBM	5099-099CG	0:42:37.00	880	
	7	Sharon	Steinmann	61	SPM	1494-02RG3	0:42:40.01	879	
	8	Joanne	Saul-Zachau	61	LVM	3395-03EHZ	0:43:25.56	864	
	9	Margaret Carol	Haskins	61	NEM	020A-05UC8	0:47:03.70	797	
	10	Lynn	Calobong-Pierce	62	FAC	129K-0BAGB	0:47:27.25	791	
	11	Donna	Taylor	61	HUMM	3898-026TZ	0:48:18.70	777	
	12	Julie	Van Cleave	60	WMAC	209E-01R7V	0:48:58.11	766	
	13	Phyllis	Quinn	64	TOC	3890-03F7Y	0:49:45.64	754	
	14	Paula	Moores	62	SAWS	599B-01J0E	0:50:01.71	750	
	15	Maddie	Diedo	61	MICH	199W-028U9	0:50:27.02	744	
	16	Tari	McCabe	62	MMAC	489M-06PPV	0:53:31.00	701	
	17	Deanna	Johnson	63	DAM	380D-041KE	0:55:55.91	671	
	18	Debbie	Buehler	61	CMS	320V-09RS3	0:59:56.00	626	
	19	Jennifer	Brehob	61	NEM	0297-03547	1:02:56.31	596	
	20	Kathy	Gregory	63	TMAS	1299-07NNR	1:05:56.00	569	
	21	Duk	RO	60	FAC	129N-0B4GH	1:06:57.01	560	
	22	Robin	Downing	61	CMS	329S-03256	1:08:07.50	551	
	23	Melissa	Housmyer	60	UC48	489B-6PY1D	1:10:19.00	534	
	24	Colleen	Brown	62	BUMS	049P-0AM6X	1:11:24.00	525	
	25	Andrea	Meyerhoff	60	UC10	109K-06FF1	1:16:59.60	487	
	26	Aliza	Becker	61	SWED	2190-090J4	1:17:11.59	486	
	27	Grace	Moran	64	LPM	150R-0B21C	1:20:05.00	468	
	28	Jane	Montes	63	SWED	2199-06NXH	1:28:13.68	425	
65-69									
	1	Shirley	Loftus-Charley	68	VMST	1201-WATER	0:39:55.50	969	
	2	Catherine	Rust	66	PBM	5096-06WNH	0:42:46.99	904	
	3	Debbie	Wilson	65	NCMS	139P-02318	0:44:02.41	878	
	4	Joan	Craffey	66	PBM	509D-06MBR	0:45:31.00	850	
	5	Jill	Wright	68	SAWS	599S-01J02	0:51:56.09	745	
	6	Paula	Yankauskas	65	NEM	0299-W0WSA	0:52:50.06	732	
	7	Charlotte	Kramer	65	BUMS	049F-0926U	0:53:49.00	719	
	8	Beth	Brenner	66	OREG	3706-0031D	0:54:00.00	716	
	9	Deborah	Chassler	68	NEM	020S-0337D	0:55:35.00	696	
	10	Linda	Callaway	66	MOST	439H-02NEV	0:55:57.20	691	
	11	Pam	Geiger	67	SPM	1490-02REZ	0:56:33.00	684	
	12	Katy	Lantz	66	DAM	389J-040UN	0:58:41.00	659	
	13	Kathy	Gill	65	DAM	389F-03GY3	0:59:50.10	646	
	14	Norma	Haubensstock	65	AKMS	569H-02STU	1:01:24.56	630	
	15	Patricia	Wells	65	TMAS	129Y-0823T	1:01:47.89	626	
	16	Cathy	Machak	65	HOLY	020U-01SEC	1:39:00.00	391	

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70-74									
	1	Tracy	Clarkson	70	1776	089D-09NEX	0:45:22.26	1,005	Y
	2	Joanne	Menard	71	MMAC	489X-02F1Y	0:45:55.33	993	
	3	Andrea	Hunt	71	PSM	369Y-0365H	0:50:05.33	910	
	4	Christine	Schroeder	70	1776	089R-0225J	0:55:24.00	823	
	5	Janet	Jastremski	71	1776	089E-0226H	0:57:14.40	797	
	6	Babs	Larsen	72	MINN	3098-02A9M	0:57:42.10	790	
	7	Suzanne	Mitchell	71	PBM	509Z-08CXY	0:57:42.99	790	
	8	Cynthia	Needham	71	NEM	020F-071D8	1:01:06.18	746	
	9	Lucy	Fleming	70	BUMS	049G-0A4X5	1:02:25.00	731	
	10	Jane	Wright	70	SAWS	599U-077FJ	1:03:27.42	719	
	11	Susan	Paris	73	O*H*	189W-01WC8	1:06:30.18	686	
	12	Sue	Cosper	71	INDY	1605-02AC3	1:15:00.00	608	
	13	Susan	Sugai	70	AKMS	569C-09WB6	1:18:25.00	582	
75-79									
	1	Judy	Ziemer	75	OREG	379H-026R8	1:07:20.00	762	
	2	Janice	Miller	76	SHARK	149D-083F4	1:17:00.00	666	
	3	Lynn	Francis	75	MOST	4302-02NGK	1:30:15.14	568	
80-84									
	1	Patricia	Bond	81	SHARK	1497-02RDM	1:00:32.22	912	